

COVID-19 and Flu Vaccines are Here!



Call to make an appointment or receive them during any upcoming medical visit.

What to know about each vaccine:

COVID-19 Vaccine:

No more COVID-19 boosters!

Just like the flu vaccine, the current COVID-19 vaccine protects against the version of the virus that is infecting people now. This is why it is recommended for everyone, regardless if you received a previous vaccine, booster, or have had COVID in the past.

- We recommend **EVERYONE** over 6 months receive the COVID-19 vaccine.
- Adults, adolescents, and children 5 years and older only need one vaccine!
- Babies and young children between the ages of 6 months - 4 years need two doses of the vaccine if it is Moderna and three doses if it is Pfizer. **At Eisner Health we have Moderna.** The second vaccine should be given 4-8 weeks after the first dose.

Flu Vaccine:

- We recommend **EVERYONE** over 6 months receive this vaccine.
- It is particularly important for children, pregnant people, and adults 65 and older. All of these groups are at higher risk for complications, hospitalization, and death.

For every age group, it is safe to receive both the COVID-19 vaccine and flu vaccine at the same time.

Why it is important to get both vaccines:

- They can keep you from getting sick.
- They lessen the severity of illness in people who get vaccinated but still get sick.
- They reduce the risk of hospitalization.
- Vaccines received during pregnancy help protect both pregnant people and their infants.
- It is important for people who are immunocompromised or anyone over the age of 65 to receive the vaccines.
- **Even if you are not at high risk, getting vaccinated helps to protect people around you, including those who are more vulnerable to serious flu and COVID illness.**

If you have an upcoming appointment, you can get both vaccines during your visit, or call us today to schedule a vaccine appointment: **(213) 747-5542.**



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