

COLONOSCOPY AFTER ABNORMAL FIT



1 in 20

people in the United States will be diagnosed with colon cancer in their lifetime

Take control of your health.

Get tested today!

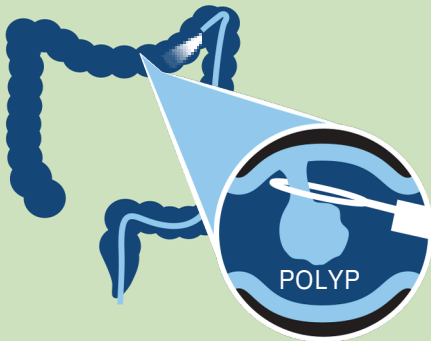


9 out of 10

people **survive** when colorectal cancer screening happens **early**

What is a colonoscopy?

A colonoscopy is an exam that checks for problems in your colon (large intestine). It's a way for the doctor to look at your colon.



During a colonoscopy, a doctor who specializes in looking at colons inserts a flexible, lighted tube into your rectum. The doctor looks for **polyps** (small growths) which can be removed to prevent colon cancer. There is no pain because medicine is given to help you relax or sleep.

Why do I need a colonoscopy?

It is important to get a follow-up colonoscopy if you have an abnormal fecal test (FIT) result.

A colonoscopy can find and remove polyps in your colon before they become cancer.



MEN AND WOMEN NEED TO GET TESTED FOR COLON CANCER STARTING AGE 45 EVEN IF THEY FEEL HEALTHY.

Like a car, the human body needs maintenance. A car needs gas, oil changes, etc. If you don't take care of these things, bigger problems can occur. Our bodies are the same way. **Regular routine care can keep the body healthy.**

How do I prepare for a colonoscopy?

For your colonoscopy to go well, you will need to:



Complete the bowel prep (clear liquid diet and medication) to make sure your colon is clean, and adjust your medications as needed.



Arrange transportation and find someone to accompany you to the appointment



Take time off work if needed

Colonoscopies are usually scheduled for 40 minutes, but plan on 2 to 3 hours from check-in to check-out. Check with your doctor for specific instructions. Your colonoscopy will need to be done with a specialist outside of AltaMed.



EISNER
HEALTH

Call us at **(213) 747 - 5542** to make an appointment today!